

TEST REPORT

8605 SW Creekside Place
Beaverton, OR 97008
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2018 08 06 200 U

Ordering Provider:
John Doe, ND

Samples Received
08/06/2018
Report Date
08/10/2018

Samples Collected
Urine - 07/30/18 07:40
Urine - 07/30/18 10:05
Urine - 07/30/18 16:20
Urine - 07/30/18 23:00

Patient Name: Sleep Balance
Patient Phone Number: 555 555 5555

Gender Female	Last Menses 06/01/2018	Height 5 ft 6 in	Waist 25 in
DOB 12/14/1974 (43 yrs)	Menses Status Pre-Menopausal	Weight 115 lb	BMI 18.6

TEST NAME	RESULTS 07/30/18	RANGE
Urinary Free Diurnal Cortisol		
Free Cortisol	15.15	7.8-29.5 µg/g Cr (1st Morning)
Free Cortisol	153.58 H	23.4-68.9 µg/g Cr (2nd Morning)
Free Cortisol	47.72 H	6.0-19.2 µg/g Cr (Evening)
Free Cortisol	16.06 H	2.6-8.4 µg/g Cr (Night)
Urinary Free Diurnal Cortisone		
Free Cortisone	39.48	31.6-91.6 µg/g Cr (1st Morning)
Free Cortisone	265.11 H	63.3-175.8 µg/g Cr (2nd Morning)
Free Cortisone	111.63 H	30.6-88.5 µg/g Cr (Evening)
Free Cortisone	55.61 H	15.5-44.7 µg/g Cr (Night)
Urinary Diurnal Melatonin MT6s		
Melatonin	14.72 L	18.0 - 40.9 µg/g Cr (1st Morning)
Melatonin	11.09	7.3 - 31.9 µg/g Cr (2nd Morning)
Melatonin	2.38 H	0.7 - 2.2 µg/g Cr (Evening)
Melatonin	1.63 L	1.7 - 11.1 µg/g Cr (Night)
Urinary Creatinine		
Creatinine	1.15	0.3-2.0 mg/mL (1st morning)
Creatinine	0.71	0.3-2.0 mg/mL (2nd morning)
Creatinine	0.94	0.3-2.0 mg/mL (Evening)
Creatinine	0.45	0.3-2.0 mg/mL (Night)

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<dL = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

Therapies

oral Seasonique -BC (Pharmaceutical) (1 Days Last Used)

Graphs

Disclaimer: Graphs below represent testers not using hormones; results may not plot for supplementation. Graphs are provided for informational purposes only. Please see lab comments if results are higher or lower than expected.

— Average ▼▲ Off Graph

